



“With the help from counsellors at CSD, as well as music and prayer, I was able to control my ADHD and increase my ability to focus.”

通过CSD辅导员的帮助，藉由音乐和祈祷的力量，我开始能够控制我的ADHD并且提高注意力。

Patricia-Nadine Currie,  
Music II

