BECOME A STUDENT ALLY

ALLY PROGRAM

- The SAS Ally program matches upper year students with students (mostly first year) registered with SAS.
- This arrangement allows incoming students to navigate common challenges with the support of an ally.
- You meet regularly on campus with your match.
- Each student ally pair is supported and supervised by SAS staff.

HOW YOU CAN HELP

- Be an advocate: Discuss accommodations with instructors
- Teach skills: Successful academic practices, study tips, time management
- Provide information: How to access and utilize campus resources; campus navigation
- Provide social support: Attend campus activities, events; build positive relationships

BENEFITS

- Learn about the disability field
- Flexible commitment; meet on campus based on your availability
- Gain experience applicable to graduate and professional programs
- Ongoing training and professional development
- Personal growth and satisfaction from helping others

Students wishing to be an Ally can contact sastransition@mcmaster.ca or complete an application found at the SAS website (sas.mcmaster.ca/student-ally).